



## **FOOD IN SCHOOL POLICY**

This document is freely available to the entire school community. It has also been made available attached to the weekly newsletter and website for parents and carers.

### **Our Aim**

We aim to promote a positive approach to all aspects of food and nutrition in our school developing the health and well being of pupils, staff and visitors.

### **Objectives – What do we want to achieve?**

- Fulfil School Food Standards (January 2015).
- We want to embed healthy messages about food in the curriculum and the every day lives of staff, children and carers.
- Provide and actively promote healthier options for the children and staff eating in school and continue to develop our Healthy Schools Status
- Ensure nutritional standards are established and followed by the school meals service (Commercial Services)
- Encourage healthier packed lunches and the consumption of fruit and vegetables in school
- Increase the uptake of school meals by promoting school dinners
- Improve the dining facilities and the social experiences related to eating in our school
- Ensure provision is made for all those who have special dietary requirements
- Ensure that all food offered in school promotes the importance of healthy living

### **How do we plan to meet these objectives?**

1. Ensuring food and nutrition plays a positive role in improving and maintaining good health for the whole school community. This will be supported in our curriculum development and highlighted specifically in Science, DT and PSHE.
2. Establishing consistent messages on food and health issues by praising children when healthy options are chosen, providing displays that emphasise the well being of pupils and by the teachers demonstrating healthy choices themselves. We will invite other professionals to speak to the children and the school community on nutrition (school nurses etc)
3. Our Senior Lunchtime Supervisor and Headteacher will monitor the provision of food within school and suggest ways to improve the provision we offer. The School Council will provide one way in which the views of the children themselves can be taken into account.
4. We will work with Commercial Services to provide interesting and exciting ways to promote school dinners (e.g. summer barbecues, Christmas dinners, Easter lunch etc) and also provide training for members of staff on hygiene,



nutrition and safety.

5. Our breakfast club will provide a variety of healthy options and support the curriculum emphasising nutritional values.
6. Themed weeks through out the year, such as PHSE week and DT week will promote the well being of the whole school community

### **Monitoring and Evaluating**

The Leadership team will carry out work samples and observe lessons  
Children, parents and staff to take part in surveys concerning all food in school  
PHSE leader to continue to organise Healthy Living Week  
School to continue to hold Healthy School Status

This is a working document and will be reviewed in February 2020 or updated when necessary.