

If you are being bullied...

DO



Use eye contact and tell them to **go away.**



Ignore them.



Walk away.

Act as though you don't care what they say or do.



Remember it is **NOT** your fault and you are **NOT alone.**

DON'T

- Do what they say.
- Look upset or cry.
- Get angry.
- Hit them.



What should I do if I see someone else being bullied?

- **Don't walk away and ignore the bullying.**
- **Let the bully know what is happening.**
- **Tell the bully to S.T.O.P. if it is safe to do so.**
- **Tell someone or the bullying will keep happening.**



Be like Hector Hedgehog—Have a go at



stopping bullying!

Riverview C of E Primary and Nursery School
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RIVERVIEW C of E PRIMARY AND NURSERY SCHOOL

CHILDREN'S ANTI— BULLYING POLICY

GOLDEN RULES

- We are gentle.
- We are kind and helpful.
- We listen.
- We work hard.
- We are honest.

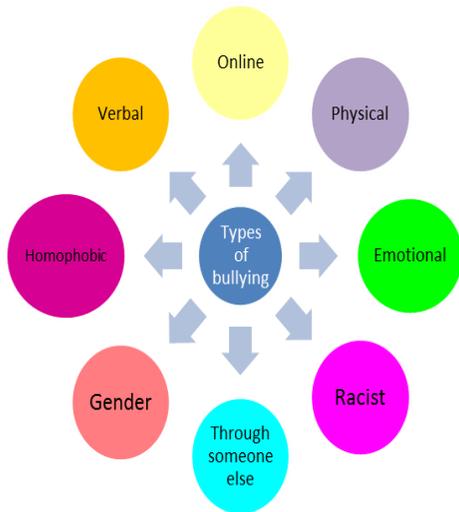
Riverview exists to cherish, challenge and inspire children and adults within a Christian community.
LOVE, RESPECT, TRUST, FORGIVENESS,
HOPE



info@riverview.surrey.sch.uk

BULLYING INFORMATION—At Riverview we show love, respect, trust, hope and forgiveness to everyone.

What is Bullying?



Emotional: Hurting people's feelings, leaving you out, being bossed about.

Physical: Punching, kicking, spitting, hitting, pushing.

Homophobic: Calling you gay or lesbian.

Through someone else Sending a friend with horrid messages.

Verbal: Being teased, name calling, hand signs

Racist: Graffiti, calling you racist names.

Gender: Rude comments, touching you when you don't like it.

Online: texts, e-mail.

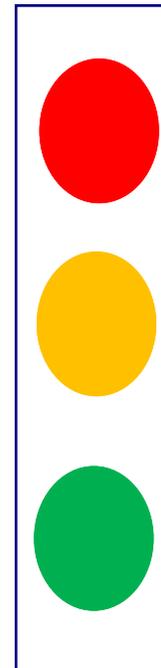
When is it bullying?

Several

Times

O_n

Purpose



What your school can do to help?

They should always treat bullying seriously.

They should try to find a way to make it **S.T.O.P.** so that you can feel safe and happy in school.

Who can I tell?



We work together to STOP bullying at Riverview